

# FACES

## IN A FLASH

Saturday, October 2, 2021

# SPEAKERS

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# Speakers

## In Order of Appearance



### Ruchi Gupta, MD, MPH

Professor of Pediatrics and Medicine, Northwestern University Feinberg School of Medicine  
Clinical Attending, Ann & Robert H. Lurie Children's Hospital of Chicago  
Founding Director, Center for Food Allergy & Asthma Research

Ruchi Gupta, MD, MPH, is a Professor of Pediatrics and Medicine at Northwestern University Feinberg School of Medicine and a Clinical Attending at Ann & Robert H. Lurie Children's Hospital of Chicago.

Dr. Gupta has more than 17 years of experience as a board-certified pediatrician and health researcher and currently serves as the founding director of the Center for Food Allergy & Asthma Research (CFAAR). She is world-renowned for her groundbreaking research in the areas of food allergy and asthma epidemiology, most notably for her research on the prevalence of pediatric and adult food allergy in the United States. She has also significantly contributed to academic research in the areas of food allergy prevention, socioeconomic disparities in care, and the daily management of these conditions. To reduce the burden of these diseases and improve health equity, she and her team develop, evaluate, and disseminate interventions for families and conduct work to inform local, national, and international health policy.

Along with being an author of *The Food Allergy Experience* and *Food Without Fear*, Dr. Gupta has over 140 publications and her work has been featured in major TV networks and print media.



### Christopher Warren, PhD

Faculty Researcher  
Public Health Data Repository Core: Director of Population Health Research

Dr. Christopher Warren has been working closely with CFAAR director Ruchi Gupta in the field of food allergy epidemiology for the past 10 years-- during which time he has published more than 50 peer-reviewed manuscripts.

During this time, he received his doctorate in Population Health Sciences from the University of Southern California's Keck School of Medicine and completed a Postdoctoral Fellowship in Clinical/Translational Food Allergy Research at Stanford University. He is super excited to have recently joined the Northwestern University faculty as Assistant Professor of Preventive Medicine and serves as CFAAR's founding Director of Population Health Research.

# Speakers



## Giselle Mosnaim, MD, MS

President of the American Academy of Allergy, Asthma, and Immunology  
Attending Physician in the Departments of Medicine, Division of Allergy and Immunology at Northshore University Health System in Chicago, IL.

Giselle S Mosnaim, MD, MS, is an Attending Physician in the Departments of Medicine, Division of Allergy and Immunology at Northshore University Health System in Chicago, IL. She received her medical degree from the University of Illinois at Chicago College of Medicine, and master's degree in clinical research from Rush University. Dr Mosnaim completed her internal medicine residency at Lutheran General Hospital in Park Ridge, IL, and finished her allergy/immunology training through the integrated Rush University Medical Center-Stroger Hospital of Cook County Allergy/Immunology fellowship program. Her research interests focus on pediatric asthma disparities. She has been funded through the National Heart, Lung, and Blood Institute (NHLBI) and Patient-Centered Outcomes Research Institute (PCORI) to conduct clinical research in the area of pediatric asthma disparities in Chicago. This has resulted in first author publications in the Journal of Allergy and Clinical Immunology and Annals of Allergy, Asthma, and Immunology. Dr Mosnaim is the current President of the American Academy of Allergy, Asthma and Immunology and is a Past President of the Illinois Society of Allergy, Asthma, and Immunology. She is also a member of the NHLBI National Asthma Education Prevention Program Coordinating Committee.



## Larry Kociolek, MD MSCI

Attending Physician, Infectious Diseases  
Medical Director, Infection Prevention and Control  
Irene Heinz Given and John La Porte Given Professorship in Pediatrics  
Assistant Professor of Pediatrics, Northwestern University Feinberg School of Medicine

Larry K. Kociolek, MD MSCI is an Attending Physician in the Division of Infectious Diseases and Medical Director of Infection Prevention and Control at the Ann & Robert H. Lurie Children's Hospital of Chicago. He joined the Lurie Children's Hospital of Chicago. He joined the Lurie Children's faculty in 2014 and is an Assistant Professor of Pediatrics at Northwestern University Feinberg School of Medicine. Dr. Kociolek's research efforts are focused on the epidemiology and prevention of healthcare-associated and other high consequence infections in children, particularly C. difficile infection and COVID-19. Dr. Kociolek is one of the leaders of the COVID-19 response at Lurie Children's. He leads COVID-19 related education of healthcare providers and staff at Lurie Children's, Chicago community pediatricians, and patients and families through a variety of educational symposia and media outlets

# Speakers



## Lisa Lombard, PhD

Licensed Clinical Psychologist  
Co-Director of Community/School Outreach at CFAAR

Lisa Lombard, a licensed clinical psychologist, has been providing general psychological services and specialized mind-body treatment to children, families, and adults for over 25 years. She earned her Ph.D. in psychology / human development from the University of Chicago. In her private practice, she provides psychotherapy to children, teens, and families with a particular emphasis on anxiety, stress-mediated health concerns, and pain management. She also consults to a preschool/elementary school and supervises psychology graduate students. She is excited to integrate her expertise in pediatric psychology with her specialized training in mind-body practices as she develops interventions that support children and families coping with food allergies. As a member of CFAAR, she collaborates on manuscript writing and the development of psycho-educational materials to meet the psycho-social needs of children and families with food allergies.



## Tamara Hubbard, LCPC

Licensed Clinical Professional Counselor  
Food Allergy Counselor- Founder

Creator of the internationally-known resource, the Food Allergy Counselor website, Tamara Hubbard, LCPC is an allergy-informed and family therapy-trained licensed clinical therapist in private practice. Her resources help the allergy community navigate the social and emotional aspects of life with food allergy. Visit the Food Allergy Counselor website to access these resources: the Food Allergy Counselor Directory, Exploring Food Allergy Families podcast, therapeutic worksheets, and links to other allergy behavioral health resources.

To access the Food Allergy Counselor Directory, blog, and food allergy mental health-related resources, visit [www.FoodAllergyCounselor.com](http://www.FoodAllergyCounselor.com). You can learn more about Tamara's counseling services on her website, [www.TamaraHubbardLCPC.com](http://www.TamaraHubbardLCPC.com), and follow her professional social media accounts at: Twitter (@TamaraTweets), Instagram (@Counselor\_Tamara), and Facebook (@TamaraHubbardLCPC and @FoodAllergyCounselor).

# Speakers



## Madeleine Kanaley

Senior Program Coordinator at CFAAR

Madeleine Kanaley serves as a Senior Program Coordinator for Center for Food Allergy & Asthma Research (CFAAR). Since joining the team in 2016, Madeleine has assumed the role of overseeing CFAAR's portfolio of epidemiological, clinical, and community/school facing research initiatives. Madeleine has led many of the team's school-facing efforts including the team's college food allergy study aimed to improve FA awareness and preparedness on college campuses, as well as the NU/CPS student health leaders program aimed to empower high school students across Chicago to create interventions to improve health conditions in their schools/neighborhoods. Madeleine has also overseen CFAAR's research surrounding precautionary allergen labeling (PAL) in an effort to improve policy, and has worked to assess the psychosocial impact of FA on families. Madeleine graduated from Marquette University in 2016 with a Bachelor of Arts in Psychology and Health Studies.



## Kelly K. Newhall, MD

Co-Founder of Chicago Family Asthma and Allergy

Dr. Kelly Newhall lived in many different areas of the United States and is proud to have called Chicago home since 2000. She earned a Bachelor's Degree in Medical Social Science from Pomona College in Los Angeles, and she then obtained her Medical Degree from Washington University in St. Louis. Dr. Newhall completed her first two years of residency at St. Christopher's Hospital for Children in Philadelphia and finished her Pediatrics training at the University of Chicago Children's Hospital. She completed fellowship in Allergy/Immunology at Children's Memorial Hospital and Northwestern Memorial Hospital and started working in private practice in 2004. Dr. Newhall co-created CFAA with Dr. Donnell in 2009 as they shared a vision of providing quality care to families with asthma and allergic conditions. She currently lives in Lincoln Park with her family. Dr. Newhall is board-certified in Pediatrics and Allergy/Immunology.



## Jacqueline A. Pongratic, MD

Division Head, Allergy & Immunology at Ann + Robert H. Lurie Children's Hospital of Chicago  
Professor of Pediatrics (Allergy and Immunology), Northwestern University Feinberg School of Medicine

Dr. Pongratic became interested in the field of allergy/immunology (A/I) as a medical student at Northwestern. After residency, she pursued a career in A/I. During her training, she worked with leaders in food allergy and childhood asthma and was attracted to these exciting areas in which mechanistic discoveries and advances in clinical therapeutics were being made. Dr. Pongratic had a fulfilling career as a faculty member at NUFSM and attending physician at Lurie Children's for her entire career, and as Division Head of A/I since 2004.

# Speakers



## Kari Nadeau, MD, PhD, FAAAAI

Director, Sean N. Parker Center for Allergy and Asthma Research at Stanford University  
Director, FARE Center of Excellence at Stanford University

Dr. Kari Nadeau is one of the nation's foremost experts in adult and pediatric allergy and asthma. She is the Director of the Sean N. Parker Center for Allergy and Asthma Research at Stanford University and is an endowed professor under the Naddisy Family Foundation. Her research group resides in Pulmonary and Critical Care Medicine.

She leads a team of specialists spanning areas as diverse as allergy, asthma, and immunology; adult medicine; pediatric medicine; otolaryngology; gastroenterology; pulmonology; genetics; health research and policy, statistics, and informatics; immunity, transplant, and infectious diseases; psychology; pathology; chemical engineering; preventative medicine; and bioengineering.

Her medical research and clinical practice, in addition to her accomplishments in drug development in the biotech industry, have given her the tools to manage the complex web of asthma and allergy research.



## Christina E. Ciaccio, MD, MSc

Associate Professor of Pediatrics at the University of Chicago Medicine  
Chief, Section of Pediatric Allergy and Immunology  
Chief, Section of Pediatric Pulmonology and Sleep Medicine

Dr. Christina E. Ciaccio MD MSc is an Associate Professor of Pediatrics and Medicine is the Chief of Allergy/Immunology and Pediatric Pulmonology and Sleep Medicine. She was raised in rural Kankakee county which sparked her research interest in understanding how nutrition (prebiotics) and microbial exposures (probiotics) affect IgE sensitization. She currently directs the Food Allergy Program at the University of Chicago and runs a clinical translational research program in food allergy and IgE sensitization. Dr. Ciaccio is the Secretary of the Food Allergy and Eosinophilic Gastrointestinal Disease Interest Section of the American Academy of Allergy, Asthma, and Immunology and a member of the Editorial Board of the Annals of Allergy, Asthma, and Immunology

# Kids/Teens Program



## JJ Vulopas

Author

With an approach that educators have called transformational, JJ inspires young people everywhere to become “Citizens of Can” by embracing the 14 Words of Can. His youth empowerment resources are used by schools and pediatricians’ offices nationwide. JJ is the author of Land of Not, The Class That Can: Food Allergies, and The Class That Can: Staying Healthy series. An analyst at Lucid Management and Capital Partners LP, JJ is a 2019 graduate of the Wharton School of the University of Pennsylvania. He lives in New York City.



## Riya Jain

Author

Riya Jain is a 10th grader in Chicago, IL. She co-authored The Class That Can: Food Allergies and all the books in The Class That Can: Staying Healthy series. She has been in multiple videos educating young people on health issues. Active in school, Riya enjoys playing tennis, basketball, and piano. Riya believes in developing a “CAN mindset” so you can focus on the positive and all the amazing things you CAN do!



## Melissa Engel

Clinical Psychology PhD Student at Emory University

Melissa Engel is a Clinical Psychology PhD student at Emory University. She received her BA in Psychology from Emory and her MA in Developmental Psychology from the University of Minnesota. A self-proclaimed “autoimmune warrior,” Melissa has severe allergies to milk, eggs, peanuts, tree nuts, and shellfish, in addition to asthma, type 1 diabetes, hypothyroidism, and a complex connective tissue disease. Her graduate research focuses on the intersection of children’s physical and mental health, with a particular interest on stress, inflammation, and resilience in the context of pediatric chronic illnesses. Melissa has published in several academic journals and presented her research at conferences across the country. She has been involved with the food allergy community for as long as she can remember and even spoke with (then senator) Barack Obama about food allergy legislation at the FAAN Kids’ Congress on Capitol Hill! Additionally, Melissa is a 200-Hour Registered Yoga Teacher (RYT) and is currently writing her first book.



## Michael Pistiner, MD

Clinical Psychology PhD Student at Emory University

Michael Pistiner MD, MMSc is the Director of Food Allergy Advocacy, Education and Prevention at MassGeneral Hospital for Children, Boston, MA. Dr. Mike is the father of an 18 yo with food allergies and frequently provides teen and family food allergy education in various settings.